



Building Resilient Teams: Mental Health Awareness and Strategies for Employers

Mental health challenges—ranging from workplace stress and family pressures to the emotional effects of injuries and illness—are increasingly impacting today’s workforce. This seminar equips employers with the knowledge and tools to build resilient teams and support employee well-being.

Develop a deeper understanding of common mental health disorders and how they affect individuals and organizational culture. Leave with resources to help design and implement a mental health program tailored to your company’s needs.

A key feature of the session is the “Wired Experience”—an interactive, real-time polling activity, that delivers insights to strengthen employee care, retention, and performance. Foster a workplace that prioritizes mental health—because healthy employees lead to healthier profits, deeper loyalty, and greater engagement.

Details:



Tuesday, November 4, 2025

11:30 a.m. to 1:15 p.m.

**** Bring your personal smartphone to participate in the interactive polling**



Ceruti’s Summit Park

6601 Innovation Blvd – Fort Wayne



Member, \$35 per person

Lunch Included

Presented by:

RemedyLIVE with Wired Experience

Clinton Faupel, Executive Director

Crosswinds

Jeremy McClish, Vice President

Allendale

Zach Dawson, Community Outreach



Key Takeaways

Understand the importance of mental health in the workplace

Recognizing signs and symptoms of mental health struggles

Strategies for cultivating supportive, stigma-free environments

Opportunity to invite your offsite employees to participate in the live-streamed Wired Experience polling activity during the event

Developing internal resources and programs to assist employees in need



**BUILDING
CONTRACTORS
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of Northeast Indiana

Register online at www.bcani.org/brt1125.
For more information, please call the BCA office.



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